



# Be a Child Safe Traveller

Children working and living in tourist areas are especially vulnerable to physical, emotional and sexual abuse.

Travellers can play a part in creating a safer tourism environment for children – our small actions can make a big difference to help protect children from abuse and exploitation.

If you see a child you believe  
is at risk of abuse, please call

**1191** or **1362**



# Small actions, big changes

## The choices you make can directly impact children's lives.

### ACTION 1

If you see or suspect child abuse, call **1191** or **1362** immediately.

### ACTION 2

Instead of giving money directly to children begging or selling food or souvenirs, purchase from local businesses and social enterprises that support families and communities, or donate to reputable children's charities.

### ACTION 3

Choose hotels and businesses that implement child protection standards.

### ACTION 4

Please don't support 'orphanage tourism'. Visiting and volunteering with children in institutional care can be detrimental to their emotional and physical well-being. Instead support organisations and initiatives that enable children to be cared for within a family.

### ACTION 5

Always ask permission before taking photos of children and never take them anywhere without the supervision and permission of their parents or guardians.

### ACTION 6

Child sexual abuse is against the law. Don't engage in any sexual activity with a person under the age of 18 years.



To learn more about what you can do to help protect children in Lao PDR, visit [www.childsafetourism.org](http://www.childsafetourism.org)